Fact Cards
Come up with your own creative way of displaying your fact cards at your next Serving Awareness dinner!

The average time between the appearance of symptoms and a correct diagnosis of APS Type 1 is over 10 years!

APS Type 1 affects about 1 in 2 million people. Now that is rare!

APS Type 1 is the only known autoimmune disease caused by a single gene pair.

We held the first International Symposium on APS Type 1 in 2015, with world leading researchers and patients all sharing their expertise.

The National Institutes for Health is engaged in the first U.S. natural history study of APS Type 1 with over 50 patients.

The early symptoms of APS Type 1 vary, but can include candida (yeast) infections in the mouth or on the skin, low calcium levels (hypoparathyroidism), fatigue and salt craving (Addison’s Disease), fevers and a hive-like rash.

Our APS Type 1 community is full of foodies. We love to eat!